

Town and Country Club

Summersville Club

Circle of Friends Club



Grand Champion Fair Winners



Guest Speaker: Hailey P Scott



Various Food Preservation Workshops



June/July Recap

June and July was a crazy busy two months! We had some big events going on like the Green County Fair exhibits and the Homemakers' Annual Meeting.

I want to say thank you to everyone that entered exhibits in the fair or promoted the fair in any way. We had a total of thirty-three exhibitors with around 281 total entries, this was huge! I can't wait to see what next year holds! Also, congratulations to all the Grand Champion winners!

These past couple of months have been nothing but canning classes! I have taught a 3-day canning workshop in Adair County in May/June, 2-day canning workshop in Green County in June, and 3 more canning classes in July in Green and Taylor County. I'm not done yet, be on the lookout for more canning class this year!

During the Annual Meeting we announced the new officers for this term. Nancy Turner will remain Secretary and Brenda Cook is our new President.

What else has Katelyn done in June and July?

- Cooking from the Calendar x2
- Senior Center
- Just Family Adult Day Care
- Sewing Camp Training (This was so much fun, we made pants!)
- Lake Cumberland Area FCS Agents volunteered at The Center for Courageous Kids
- Helping with Arts Council "Historic Homes Tour"
- Set up at the Farmers Market
- Food Preservation Class in Taylor County
- AND SO MUCH MORE



FCS Agents volunteering
at CCK for a day!

Just Family Adult Day:
Making Yogurt Sundaes



Save the Date

Martin-Gatton
College of Agriculture,
Food and Environment

COOKING FROM THE CALENDAR

Skillet Pork Chops with Peaches



August 17th, 2023 @ 12pm

Call the Extension Office at
270-932-5311 to register

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Disabilities
accommodated
with prior notification.

LEXINGTON, KY 40546

COME JOIN US FOR A

TIKI PARTY

GREEN COUNTY ANNUAL HOMEMAKER KICKOFF

AUGUST 24TH 2023 5PM CST

TICKETS ARE REQUIRED: \$10
PURCHASE NOW UNTIL AUGUST 18TH
CALL EXTENSION OFFICE AT 270-932-5311 TO
PURCHASE TICKETS

**BEST HAWAIIAN THEMED
OUTFIT CONTEST**

VSU INFO
PROGRAMS OF WORK
LEADERSHIP TRAINING

University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

BASIC DEHYDRATING



Come learn about dehydrators and the basics of dehydrating fruits and vegetables.

FRIDAY,
AUGUST 11TH

FROM 12 CST - 1:30 PM CST
298 HAPPYVILLE RD
GREENSBURG KY 42743

RSVP at katelyn.squires@uky.edu or
by calling 270-932-5311

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Martin-Gatton
College of Agriculture,
Food and Environment

A BAD DEAL IN DISGUISE: TYPES OF SCAMS

Can you recognize common
scams?

Join us to learn about scammers
and how to avoid their tricks!

August 31st | 12pm
Green County Extension Office
298 Happyville Rd Greensburg KY

Call to RSVP 270-932-5311

SCAM
ALERT

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT
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AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3 Help Hope Hands 9am	4	5
6	7	8 Summersville 5pm	9	10 Help Hope Hands 9am	11 Basic Dehydrating Class 12-1:30p	12
13	14	15	16	17 Help Hope Hands 9am	18	19
20	21 Town & Country at Los Agaves 5pm Homemaker Council Meeting 4pm	22 Circle of Friends 4:30pm	23	24 Help Hope Hands 9am	25 Homemaker Kickoff 5pm Katelyn on Vacation	26
27	28 Katelyn on Vacation	29 Katelyn on Vacation	30 LCA Leadership Day Katelyn on Vacation	31 Help Hope Hands 9am Lesson Leader Training 12p: SCAMS Katelyn on Vacation	1 Katelyn on Vacation	2 <i>Homemaker</i>

**UK CES Green County
298 Happyville Road
Greensburg KY 42743-9498**

RETURN SERVICE REQUESTED



Bacon and Tomato Dip

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- | | |
|------------------------------------------------------|--------------------------------------------------|
| 1 cup fat free sour cream | 4 slices bacon, cooked crisp and crumbled |
| 1 cup low fat mayonnaise | 1 teaspoon garlic powder |
| 2 large tomatoes, diced, reserve excess juice | |
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- | | |
|----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Combine all ingredients. | Yield: 16, 2 tablespoon servings. |
| 2. Add reserved tomato juice until dip reaches desired consistency. | Nutrition Analysis: 50 calories; 3 g fat; 1 g saturated fat; 5 mg cholesterol; 160 mg sodium; 6 g carbohydrate; 0 g fiber; 3 g sugar; 1 g protein. |
| 3. Serve with fresh vegetables or reduced fat crackers. | |

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

